

NAKMAS Code of Conduct for Young Students

- I will have fun, act in a safe manner and encourage everyone around me to do the same
- I will always respect those around me – other students, opponents, instructors, officials & parents
- I will be honest and fair in everything I do and never deliberately be dishonest
- I will accept instructors' and officials' decisions without question or complaint
- I will arrive for training and other events on time
- I will inform someone if I am unable to attend or will be late
- I will listen carefully when being spoken to and act as directed where appropriate
- I will make sure I have a clean, correct uniform with me and will look after it, this includes suit, belt and any other equipment
- I will make sure my hair is tidy (tied back if necessary) and my finger and toenails are clean and short
- I will not wear jewellery during training or events
- I will not upset those around me or keep quiet if someone else is being upset
- I will congratulate all students on their performance regardless of fight or grading outcome
- I will give other students a hand if they need it and accept apologies when they are offered
- I will always do my best and give 100% effort in whatever I do
- As a young person in Martial Arts, I recognise that I am an ambassador for my discipline
- I will never post any photos or words on social networks which could put me in danger or embarrass myself, my family, my club or anyone in martial arts
- I will never use my martial arts training outside of the dojo except for the defence of myself, my family or friends in the instance of extreme danger or unprovoked attack